

### Multimedia Appendix 3

#### Question: 1

Do you feel sure about the best choice for you?

Your answer:

Yes

No

#### Question: 2

Do you know the benefits and risks of each option?

Your answer:

Yes

No

#### Question: 3

Are you clear about which benefits and risks matter most to you?

Your answer:

Yes

No

#### Question: 4

Do you have enough support and advice to make a choice?

Your answer:

Yes

No