

## Life In A Day (LIAD) Phone App EVALUATION

**Instructions:** Please rate your agreement with the following statements on a scale of 1 to 5, with 1 meaning that you "completely disagree" and 5 meaning that you "completely agree".

**1-Completely disagree   2 -Somewhat Disagree   3-Neither Agree nor Disagree   4 -Somewhat Agree   5-Completely agree**

1. Learning to use the LIAD app was easy	1	2	3	4	5
2. I would prefer to log activities using the electronic LIAD app over using a paper & pencil diary	1	2	3	4	5
3. It was easy to add new activity buttons to the activity screen	1	2	3	4	5
4. Completing the LIAD app for 5 consecutive days was too much	1	2	3	4	5
5. Completing the LIAD app was too time consuming each day	1	2	3	4	5
6. The LIAD app was easy to read on the smartphone	1	2	3	4	5
7. Navigating the LIAD app was clear and understandable	1	2	3	4	5
8. It was easy to log activities by pressing the activity timer at the start and end of an activity	1	2	3	4	5
9. It was easy to add activities if I forgot to log them at the time of the activity	1	2	3	4	5
10. It was easy to go back and edit activities if necessary	1	2	3	4	5
11. I would be interested in using the LIAD app for my personal use	1	2	3	4	5
12. I enjoyed using the LIAD app	1	2	3	4	5
13. It was easy to remember to log my activity in the LIAD app <i>a. If you disagree, what could have made it easier?</i>	1	2	3	4	5

16. Please provide an overall rating of the LIAD app for tracking your activity

**Very Poor**

1

**Poor**

2

**Fair**

3

**Good**

4

**Very Good**

5

17. Did you download the app on your personal phone?

Yes

No

*a. If no, would you have preferred to use your personal phone?*

Yes

No

18. Please provide us with any other comments you have about the LIAD app below:

